Co-funded by the Erasmus+ Programme of the European Union

SPACHE – Sport and Physical Activity in Cultural Heritage Environments

Meeting in Gargnano - Minute

Gargnano (Bs) – Host Municipality of Gargnano – Alto Garda Volley, Italy
Lead by Tempo Livre
15, 16 September 2021

Participants

Paolo Zerneri, Municipality of Gargnano, Italy, in presence
Chiara Poli, Alto Garda Volley, Italy, in presence
Alberto Zuradelli, Alto Garda Volley, Italy, in presence
Cristina Vasilescu, IRS, Italy, in presence
Emma Paladino, IRS, Italy, in presence
José Martins, Tempo Livre, Portugal, in presence
Sérgio Gonçalves, Municipality of Guimarães, Portugal, in presence
Vítor Marques, Municipality of Guimarães, Portugal, in presence
Anita Bakker, Fryslan, the Netherlands, in presence
Johan Spijksma, Fryslan, Netherlands in presence
Amadeu Portilha, Tempo Livre, Portugal, online
Elena Ferrari, IRS, Italy oline
Ingrid Martel, Tafisa, Germany, online
Eva Jacomet, Sport and Citizenship, France, online
Rodolphe Doité, Sport and Citizenship, France, online
Gorazd Cvelbar, Olympic Committee of Slovenia, Slovenia, online
Aleš Šolar, Olympic Committee of Slovenia, Slovenia, online

Second transnational meeting was hold in presence and online in Gargnano on Garda Lake in Italy on the 15th and 16th September 2021. All registered participants (Annex 1 * list) took part at the meeting. The meeting started on 15th at 09:00 a.m. and finished on 16th at 12:00 a.m., the planned program and schedule were fully observed.

15th September, 2021

Welcome from PM Paula – Tempo Livre – Portugal announcing her farewell in Spache Project and replacement by Amadeu Portilha as project coordinator.
Welcome from local authority
Mr Marco Mascher – Municipaly of Gargnano – Italy makes a little presentation of the city of Gargnano to all the partners.
Opening meeting from Tempo Livre – José Martins
Discussion on preliminary project intellectual outputs and deliverables Pilot Programmes guidelines
Presentation about guidelines for pilot programmes from Cristina Vasilescu IRS Italy

- Which expected changes in the city involved;
- Defining cultural heritage;
- Defining physical activity;
- Linking cultural heritage sport/physical activity;
- Design features of pilot programmes;

Discussion about guidelines for the pilot programmes
All the Partners agree.
Initial thoughts on pilot programmes and its duration. Revision of the original work plan.
The first partner to speak is Vitor Marques – Municipality of Guimaraes – Portugal. He describes two ideas for the pilot programme they are working on, both based on ancient local traditions that people don't

practice anymore such as working leather and linen agriculture. They are going to define various steps of physical activities involved in these traditions and transform them in training routines to propose to gyms and schools.
The second partner Chiara Poli – Alto Garda Volley Italy - describes five environments of cultural interest: the Cloister of St Francesco for practical and postural gymnastics, the Fontanelle park for volleyball and beach volley competitions, the Malora limonaia where physical activity will be done, a section of BBG track for tracking and for last the Gargnano historic center where fitness for everyone will take place. All the events will be followed by instructors and many participants are expected. Cristina Vasilescu – IRS - Italy suggests programming some activities that could last afterwards and be practices not only at summer. Chiara Poli Alto Garda Volley Italy explains that the activities will be proposed to all people, adults and children, local and tourists, but mostly in the summer period, during Garda Lake events period.
Alberto Zuradelli - Alto Garda Volley Italy makes a note that according to Italian rules all participants even of non-competitive activities should have a medical insurance and do a medical check before participating. The point is valid for every country since there are different regulations in force and every participant should respect the rules of his own country. Another important point that arises during the discussion is data protection policy and the necessity of a common template for data protection that every participant has to sign before the beginning of the programme activity and the necessity of defining a Data Protection officer responsible for data collection. The European Directive regulates imagine, foto and data issues on the European level.
Elena Ferrari - IRS Italy underlines the importance of fulfillment of questioners for further analysis and assessment to define the real effectiveness of the pilot programme.
IRS needs the drafts of the pilot programmes from each participant to work on and design proper assessment tools based on the kind of activities that are planned.
Elena Ferrari – IRS Italy also explains the difference between competitive and non-competitive sports and underlines that non-competitive activities should be proposed since the main idea of the programme is to address people who are usually not engaged in sports. A competitive activity will hardly involve target people and non-competitive activities will probably bring more results. So it is suggested to combine always a non-competitive activity in case the pilot programme includes a competitive one (for example a running marathon in Milan where participants can decide whether to run or to walk).

The participants have to decide on the duration of the pilot programme: whether it will last one day, a week or a month or make it periodic.
Anita describes her pilot project that is based on cultural sports that already exist in the Neatherlands developed from agricultural effects as for example sailing or pool jumping, these sports do still exist but they are slowly disappearing so the pilot programme is focused on increasing the popularity for some groups of people. The target group (youth or adult) and the contest have not been decided yet.
Anita Bakker, Fryslan, the Netherlands - also underlines the fact that it is important to decide not only the duration of the pilot programme but also whether all the participants should apply the same or different approaches to learn also form the differences.
Cristina Vasilescu – IRS Italy comments that from her experience the time frame can be different and it usually depends on the contest, sometimes on the meteorological contest, and in one case they have had a one year period for the pilot programme. So each partner is free to decide on the best period and the duration of his programme. She also highlights the fact that structured programmes usually involve more people than a single event does. The evidence shows that people better understand the benefits of physical activities and cultural heritage if the activities are repeated and structured. It is also possible to combine a single activity aimed on wellness raising purpose to a series of structured activities for the same group of people in a pilot programme. One of the factors that also influence the results of the programme is the ability to make a group and to feel connected and as a result to be more able to continue physical activity also after the end of the programme. Such a result is usually given by structured repeated activities.
It is important to have one common template to structure the programmes (target groups, details of the activities) to analyze the results afterwards and do the research part.
The only boundaries the participants should have are:

1. work with heritage resources that are recognized by the community as heritage, and
2. engage people in nonprofessional noncompetitive sports.

The participants then are free to decide what heritage to work on, which heritage is more attractive for the target group they have chosen. Cristina Vasilescu – IRS Italy strongly recommends to start defining the pilot programme from identifying the target group, that is the category of people that usually do not participate in this types of event and who we want to engage, then to note the heritage resources available in a certain country and finally to define the best way to combine the two.
Rodolphe Doité, Sport and Citizenship – France notes that their journal is looking forward to exactly different pilot programmes since they will analyze various templates, different aspects of programing and implementation and then make a strong set of recommendations for every type of situation. He recommends the participants to be more innovative and creative and not to make every single pilot event work the same way.

José Martins - Tempo Livre Portugal proposes to have 3 months to design the pilot projects so the following steps to undertake:
Step n. 1 - workout a common template document
step n. 2 - design project pilots,
Deadline for the pilot programme preparation: the end of December
Since January 2022 start to implement the project pilots.

Cristina Vasilescu and Elena Ferrari – IRS Italy correct the timetable since they will need time to develop pilot programme assessment plan with assessment tools so it is preferable to get the drafts delivered by the end of October to develop the assessment plan by the end of December.
Since everyone needs time to carry out all the activities needed to design pilot projects the participants suggest postponing for 2 months the presentation of pilot projects drafts and developing the develop pilot programme assessment plan. Cristina Vasilescu IRS Italy underlines that this usually does not mean the postponement of the whole project, so the implementation period will be shorter. But it should be checked considering the Covid period and the restrictions connected to Covid in various countries.
Elena Ferrari IRS Italy thinks that in this situation of Pandemic status maybe EACEA could postpone the date of deadline time of the project.
The participants decide that Tempo Livre will ask to EACEA if the deadline can be extended and if so whether the payments can be changed and what are the special conditions in case of extension.
Cristina Vasilescu – IRS Italy and José Martins - Tempo Livre Portugal will define this issue with the Project Officer and the Commission.

Gorazd Cvelbar, Olympic Committee of Slovenia, tells about their pilot programme which will take place in the coastal area of Slovenia. This location has been chosen because it is rich of cultural heritage and thus many types of events connecting sport and tourism can be implemented there with a longtime impact period. Other ideas can be developed depending on the situation. Long term activities will involve stakeholders, tourists and some local sports associations and sport clubs.
Ingrid Martel, Tafisa – Germany agrees
Anita Bakker, Fryslan the Netherlands asks for the list of the people involved in all the pilot programmes;

Defining a Pilot Programme

Anita Bakker and Johan Spijksma - Fryslan the Netherlands show a pilot programme template and suggest a 3 months period for the pilot programmes drafting that should describe all the activities. Since January 2022 the participants will have ten months for the implementation of their pilot programmes.

Josè Martins – Tempo Livre Portugal remembers to all partners to organize local Workshops.

The participants decide that all pilot programmes should be presented within December and an online meeting wiil be organized by Fryslan

Anita Bakker - Fryslan the Netherlands confirms that pilot programmes templates will be sent to the participants next week

Cristina Vasilescu, IRS Italy S talks about Expected Changes and suggests that it is better to organize small events in a pilot programme that will help to increase the consciousness and diffusion of the SPACE project aims that are:

- Encourage active lifestyle
- Local and European identity
- Socialization
- Attractiveness

She describes and explain the list of indicators and Targets.
Indication about survey.

16th September, 2021

Presentation of the SPACE programme to local Italian partners
Press conference with local journalists and local associations
Paolo Zerneri – Municipality of Gargnano Italy explains the SPACHE project to local associations and answers the questions from the public

Wrap up meeting: scheduling next transnational meeting, next steps, and partners tasks.
Josè Martins – Tempo Livre Portugal discusses about next transnational meetings: in Slovenia in June 2022 and in the Netherlands in September 2022
Discussion of the budget of transnational meeting.
Paolo Zerneri - Municipality of Gargnano Italy thanks all the participants and Josè Martins – Tempo llvre Portugal closes the meeting.

SUMMING UP

During the Second transnational meeting hold in Gargnano, Italy on 15th and 16th September 2021 guidelines for pilot programmes were presented and discussed. All the participants engaged in pilot programmes have presented their ideas and thoughts about the pilot programmes they are going to develop and the IRS representatives gave their suggestions.
The participants have discussed privacy issues and the necessity to have a common template for data protection, as well as the difference between competitive and non-competitive sports and the duration of the pilot programme. It was underlined the necessity work with heritage resources that are recognized by the community as heritage and to engage people in nonprofessional noncompetitive sports.
A pilot programme template was presented to the participants and the deadlines for the pilot programme drafts and pilot programme implementation were defined.
Expected changes, indicators and target aims were discussed and next transnational offline meeting and next online meeting have been planned.

Meeting works were completed on the 16th September at 11.30 a.m.