TEMPO LIVRE
GUIMARÃES

CÂMARA
MUNICIPAL DE
GUIMARÃES

SPACHE

Sport and Physical Activity in Cultural Heritage Environments

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CÂMARA
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ISTITUTO
PER LA
RICERCA
SOCIALE
irs

ALTOGARDA
VOLLEY

SLOVENIA
OLYMPIC COMMITTEE
OF SLOVENIA
ASSOCIATION OF
SPORTS FEDERATIONS

Sport
Fryslân

TAFISA
The Association
For International
Sport for All

Sport and
Citizenship
Sport serving society

Sport et
Citoyenneté
Le Sport au service de la société

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Partnership

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Objectives

SO1 Explore linkages between sport and cultural heritage in theory and practice

SO2 Test specific pilot non-competitive sport/physical activity programmes using cultural heritage as leverage

SO3 Produce knowledge and learning on cultural heritage as leverage for non-competitive sport/physical activity for all

SO4 Communicate and disseminate shared knowledge on cultural heritage and non-competitive sport/physical activity

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Expected changes

1. Complexifying **knowledge** on cultural heritage as leverage for non-competitive and regular sport/physical activity for all
2. Raising **awareness** and building **capacities** of policymakers and stakeholders on heritage-based non-competitive and regular sport/physical activity strategies
3. Increasing the adoption of heritage-based non-competitive and regular physical/sport **strategies**
4. Enhancing physical active **lifestyles** and cultural participation and satisfaction in pilot programmes contexts
5. Strengthening the sense of **local and European identity** in pilot programmes contexts
6. Enhancing **social connectedness** in pilot programmes contexts
7. Creating/strengthening mechanisms that promote **mobility** and **environmental sustainability** as cultural and identity goods
8. **Attractiveness** of pilot programmes cities

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Indicators and targets

1. % of project partners and their staff directly involved by the project and targeted by the project and partners' communication and dissemination strategies finding the production of the project relevant and useful for taking action to promote cultural-heritage based non-competitive physical/sport strategies: **at least 80%**

1. % of policymakers and stakeholders involved in the project actions and targeted by multiplier events finding the production of the project relevant and useful for taking action to promote cultural-heritage based non-competitive physical/sport strategies: **at least 60%**

2. % of project partners and their staff directly involved by the project and targeted by the project and partners' communication and dissemination strategies reporting intention to take action to promote heritage-based non-competitive and regular sport strategies: **at least 80%**

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Indicators and targets

2. % of policymakers and stakeholders involved in the project actions and targeted by multiplier events reporting intention to take action to promote heritage-based non-competitive and regular sport strategies: **at least 60%**

2. % of project partners and their staff directly involved by the project and targeted by the project and partners' communication and dissemination strategies reporting an improvement/strengthening in their knowledge on cultural heritage based non-competitive and regular sport/physical activities: **at least 80%**

2. % of policymakers and stakeholders involved in the project workshops, and in particular in capacity building workshops, and webinar and targeted by multiplier events reporting an improvement/strengthening in their knowledge on cultural heritage based non-competitive and regular sport/physical activities: **at least 60%**

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Indicators and targets

3. number of project partners involved in the delivery of pilot programmes that foresee/take specific measures for ensuring the continuity of pilot programmes after the end of the project: **at least 4 out of 6**

4. % of participants in pilot programme that report an increase in their awareness of and knowledge on the benefits of sport practice: **at least 70%**

4. % of participants in pilot programme that report having practised sport regularly during the pilot programme: **at least 60%**

4. % of participants in pilot programme that report the intention to continue to practise sport/physical activity after the end of the project: **at least 50%**

5. % of participants in pilot programme that report an increase in their awareness of and knowledge on local cultural heritage and its local, national and European value: **at least 70%**

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Indicators and targets

6. % of participants in pilot programmes that report a strengthened sense of belonging to a wider community/group: **at least 50%**

7. At least 1 mechanism adopted for the promotion of mobility and environmental sustainability as a cultural and identity good

8. % of tourists involved in the pilot programmes that will maintain a positive imagine of cities/towns where pilot programmes are implemented: **at least 60%**

8. % of tourists involved in the pilot programmes would recommend to friend to visit cities/towns where pilot programmes are implemented: **at least 50%**

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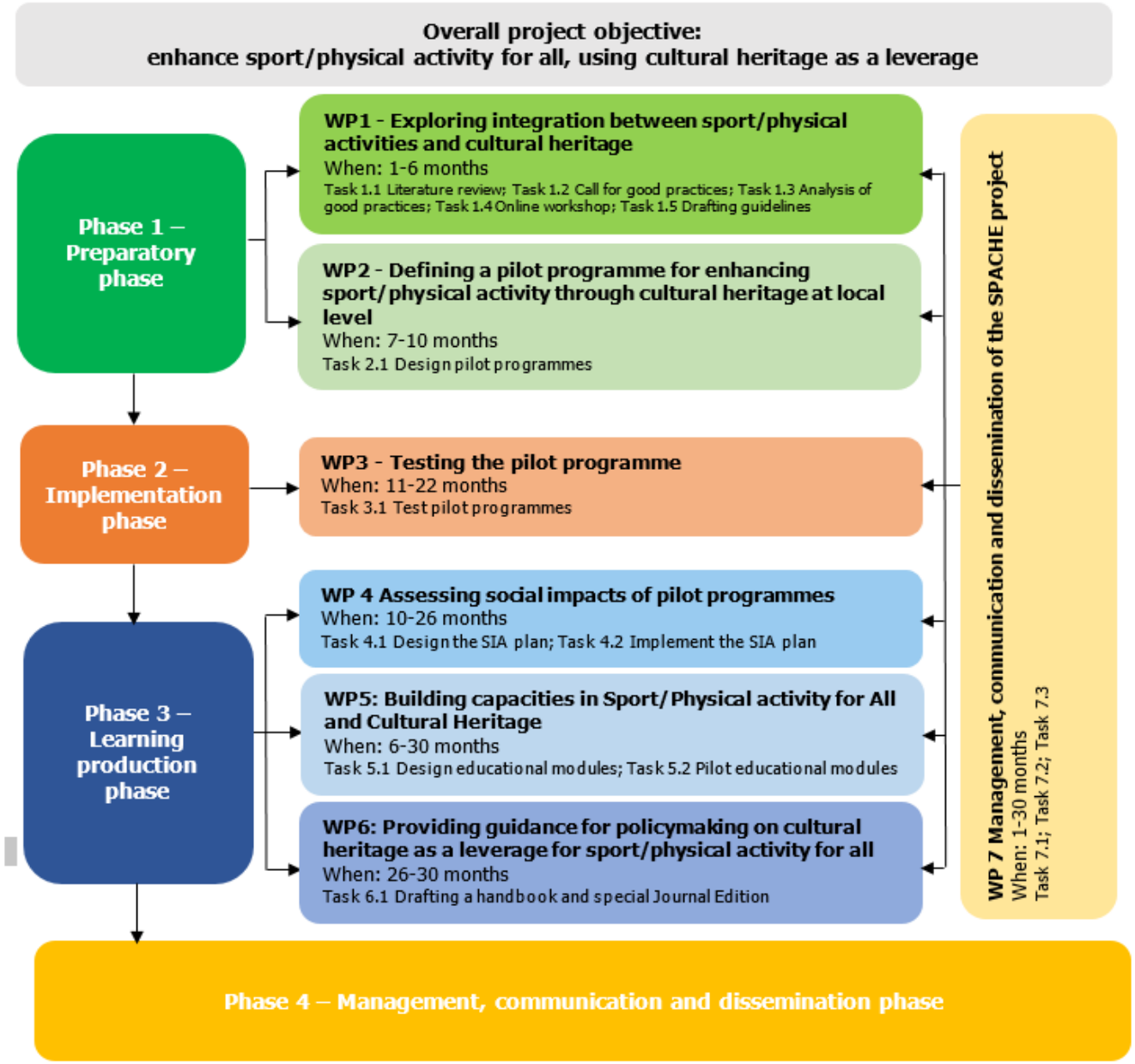
Work phases and activities



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		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
WP1 Exploring integration between sport/physical activities and cultural heritage																															
T 1.1	Literature review on cultural heritage and sport/physical activity participation																														
T 1.2	Call for good practices																														
T 1.3	Analysis of collected good practices																														
T 1.4	International online workshop on cultural heritage and sport/physical activity																														
T 1.5	Drafting of the Guidelines for the design of pilot programmes																														
WP2 Defining a pilot programme for enhancing sport/physical activity through cultural heritage at local level																															
T 2.1	Designing the pilot programmes																														
WP 3 Testing the pilot programme																															
T 3.1	Implementation of the pilot programme																														
WP4 Assessing social impacts of pilot programmes																															
T 4.1	Designing the Social impact assessment plan of pilot programmes																														
T 4.2	Implementing the Social impact assessment plan																														
WP5 Building capacities in Sport/Physical activity for All and Cultural Heritage																															
T 5.1	Creation of educational modules																														
T 5.2	Piloting educational modules: non-formal online/in-person training workshop																														
WP6 Providing guidance for policymaking on cultural heritage as a leverage for sport/physical activity for all																															
T 6.1	Drafting the Fostering sport/physical activity for all through cultural heritage Handbook and Special Journal Edition																														
WP7 Management, communication and dissemination of the SPACHE project																															
T 7.1	Project management																														
T 7.2	Project monitoring and evaluation																														
T 7.3	Project communication and dissemination																														

Transnational meeting

Workshop/webinar (deliverables)

Report/publication (deliverables)

Communication and dissemination (newsletter, multiplier sport events etc.)

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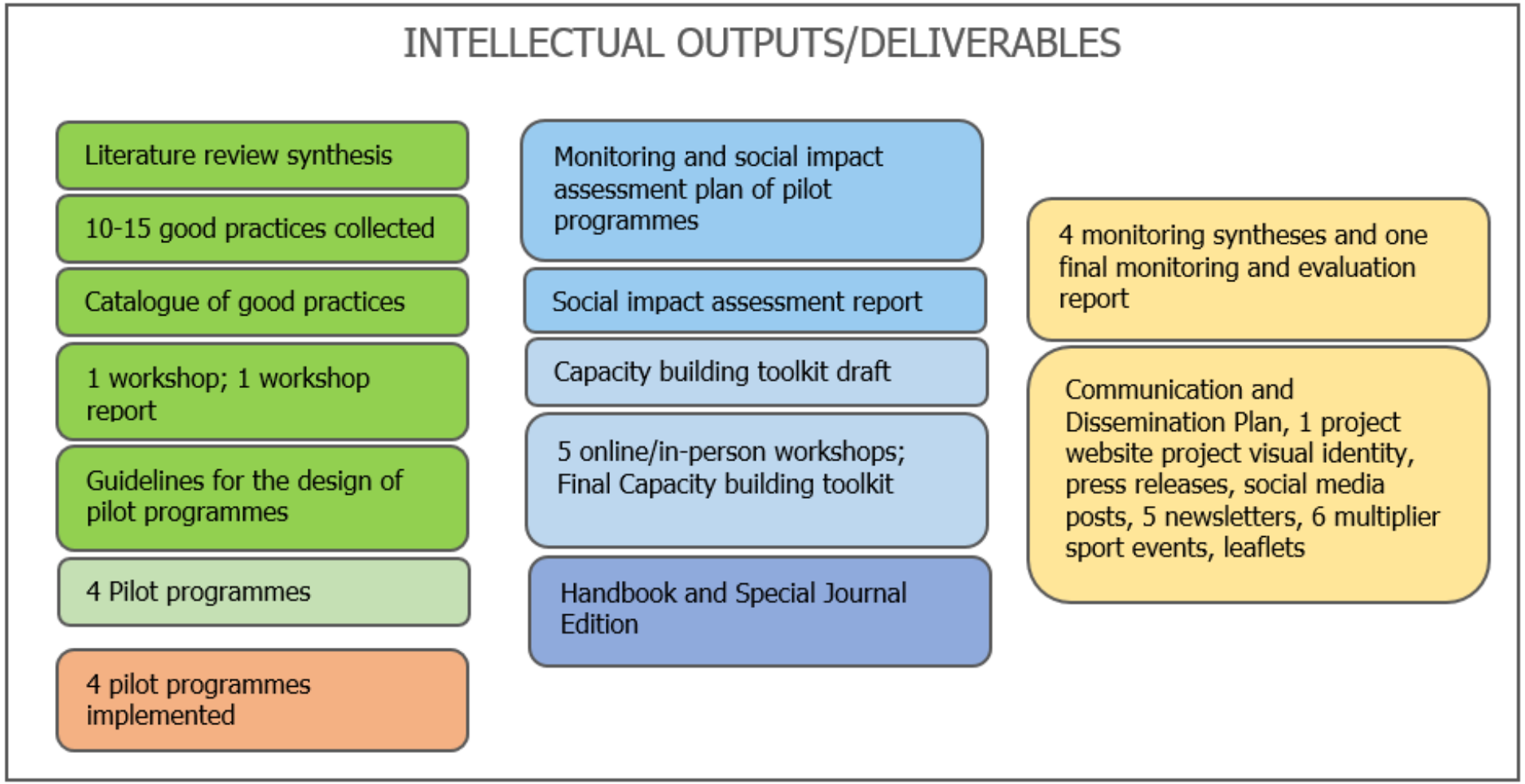
Intellectual outputs



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Outputs

140 policymakers and stakeholders – 6 international/local workshops + 2 capacity building workshops

60 citizens – 4 participatory actions for pilot programme design

255 people – 6 multiplier sport events

200-400 people – 4 pilot programmes

5 newsletters dissiminated to 2500 policymakers

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Intellectual Outputs

IO1 – TAFISA (M1-M6) > Guidelines design pilot programes; literature review, good practices analysis report

IO2 – Sport Fryslan (M7-M10) > Pilot programes – Gargnano, Piran, Guimarães e Heerrenveen

IO3 – S & C (M11-M30) > Handbock + Journal Editions (Fostering Sport in cultural heritage environments in EU)

IO4 – IRS (M10-M26) > Social impact assessment

IO5 – TAFISA (M6-M30) > Capacity building toolkit Sport/Physical activity and cultural heritage

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Multiplier events

ME1 – OCS/ASF (M10-M10) > Piran, Slovenia – international workshop; IO1 and IO2; 65 participants

ME2 – TAFISA (M21-M21) > Umbria, Italy – international conference; IO1, IO2 and draft IO5; 30 participants

ME3 – C. Gargnano (M30) > Gargnano, Italy – local seminar; IO1, IO2, IO3, IO4, IO5; 30 participants

ME4 – Tempo Livre(M30-M30) > Guimarães, Portugal – local seminar; IO1, IO2, IO3, IO4, IO5; 30 participants

ME5 – Sport Fryslan (M30-M30) > Heerenveen, NL – local seminar; IO1, IO2, IO3, IO4, IO5; 30 participants

ME6 – S&C (M29-M30) > Brussels, Belgium – international conference; IO1, IO2, IO3, IO4, IO5; 70 participants

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SPACHE Transnational project meetings

Meeting Number	Dates	City/country	Hosting organisation
1	M1	Guimarães, Portugal	Tempo Livre
2	M6	Gargnano, Italy	Alto Garda Volley Association
3	M10	Piran, Slovenia	OCS/ASF
4	M16	Heerenveen, Netherlands	Sport Fryslan
5	M24	Frankfurt, Germany	Tafisa
6	M30	Brussels, Belgium	Sport & Citizenship

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Budget

EXPENDITURE	AMOUNT in EURO	
Project management and implementation	€	75.000
Transnational project meetings	€	40.825
Intellectual outputs	€	229.812
Multiplier sport events	€	30.000
Exceptional costs	€	10.720
TOTAL ESTIMATED EXPENDITURE	**€**	**386.357**

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Budget

	IO	PM	Events	Meetings	Exceptio	EC: real costs	Grant requested to the EU	Overall amount
Tempo Livre	23.755	15.000	3.000	4.025	3.360	4.200	49.140	49.980
Municipality of Guimaraes	5.711	7.500		4.025			17.236	17.236
IRS	42.788	7.500		5.175	480	600	55.943	56.063
Municipality of Gargnano	14.508	7.500	3.000	4.600			29.608	29.608
Alta Garda Volleyball	23.296	7.500		4.600	1.760	2.200	37.156	37.596
OCS-ASF	25.964	7.500	8.500	4.025	1.760	2.200	47.749	48.189
Sport Fryslân	46.310	7.500	3.000	4.600	1.760	2.200	63.170	63.610
Tafisa	28.004	7.500	4.000	4.600	800	1.000	44.904	45.104
Sport and Citizenship	19.476	7.500	8.500	5.175	800	1.000	41.451	41.651
Total	229.812	75.000	30.000	40.825	10.720	13.400	**386.357**	**389.037**

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* Relevance of the project
* Quality of the project design and implementation
* Quality of the project team & cooperation arrangements
* Impact & dissemination

EACEA remarks (discussion)

Multiplier event – Brussels, Belgium
Covid-19 > Multiplier events – number of participants
Transnational meetings > costs and budget
Meetings > online meetings
Exceptional costs > what is covered and excluded from the financing package
IO > guarantee of delivery, dissemination

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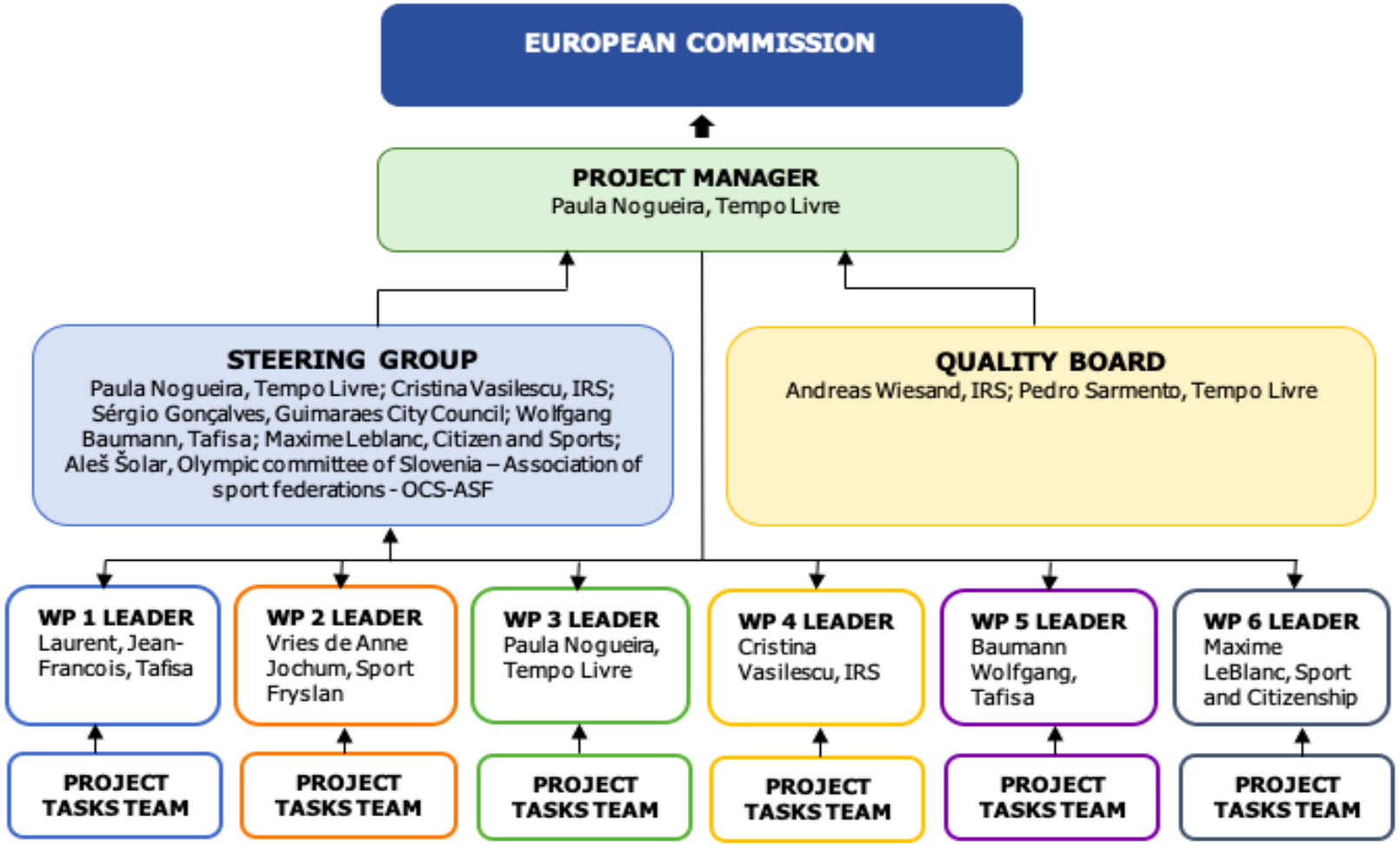
Project team



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Quality procedures

Management Plan: Quality Plan, Quality procedure, management structure; risk procedure; internal communication mechanisms

Quality board and proofreader

Multistage quality review: review by the WP leader; review by project partners involved in the respective WP and task; review by the PM; review by the Quality Board

Monitoring: procedural and physical; bi-annual monitoring report

Trasnational meetings: 6 meetings

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Administrative & financial quality procedures

Budget per participant

Project bank account

Grant Agreement and Consortium Agreement

Archives (5 years)

Request for payment

Timesheets (TS), work hours

Proof - TS, activity report, receipts, invoices

Financial monitoring

Exceptional costs

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Dissemination & Communication plan

- Corporate image: logo, layout for outputs
- Website (landing page)
- Bi-annual newsletter
- Social and traditional media
- Social storm
- Printed materials (banners, leaflets)
- 6 Multiplier sport events
- 2 Webinars/online workshop
- 2 In person capacity-building workshops

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LOGO 1

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SPORTS AND PHYSICAL ACTIVITY IN CULTURAL HERITAGE ENVIRONMENTS

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LOGO 2

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SPORTS AND PHYSICAL ACTIVITY
IN CULTURAL HERITAGE ENVIRONMENTS

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LOGO 3

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SPORTS AND PHYSICAL ACTIVITY IN CULTURAL HERITAGE ENVIRONMENTS

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Next steps

To do list

EACEA meeting 9th February
Erasmus + Sport meeting 10th February

→ **Feedback to the consortium**

Partners agreements
1st Instalment

→ **signatures, bank accounts**

Communication: social media,
1st newsletter contentes,
landing page (website)

→ **partners contributions**

Task 1: literature review, call for practices
international workshop

→ **partners contributions**

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irs

ALTOGARDA VOLLEY

SLOVENIA
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ASSOCIATION OF SPORTS FEDERATIONS

Thank you!

TAFISA
The Association For International Sport for All

Sport Fryslân

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